

Volleyball DSA Criteria 2018 (Game-Related Skills)

Points	0 – 1	2 – 3	4 – 5
Passing	Ability to pass the ball with good form.	Consistent pass to setter's location on 'free ball' situation.	
Receiving	Ability to pass the ball with good form.	Consistent pass to setter's location on serve receive.	Consistent pass to setter's location on serve receive and spike.
Setting	Ability to set the ball legally, with good form, control and aim.	Ability to set the ball to centre or open positions.	Ability to set the ball to centre and open positions.
Service	Consistent serve over the net and in bound (overhand serve for boys, preferred for girls) with good form.	Ability to aim serve.	
Spiking	Ability to spike the ball over the net and in bound using proper technique and good form.	Ability to aim spikes to various court locations.	Ability to spike sets of various heights and speeds.

Volleyball DSA Criteria 2018 (Individual Attributes)

Points	0 - 1	2 - 3	4 - 5
Agility	Pupil is able to jog or run or change direction while maintaining control and balance.	Pupil is able to move quickly and change direction.	Pupil is able to sprint and change direction in response when receiving the ball.
Vertical Leap	Pupil is able to get both feet off the ground and land on the ground with control and balance.	Pupil is able to leap of the ground with a one step approach and land with control and balance on a designated area.	Pupil is able to jump using the 3-step approach to reach a height of minimum 225cm (Boys) and 210cm (Girls) respectively.
Standing Board Jump	Boys : < 190cm Girls: < 150cm	Boys: 190 cm – 210cm Girls: 150cm – 170cm	Boys : > 210cm Girls: > 170cm